

# Ciao Bella TRAVEL

## Carry on bag packing list

Your holiday starts when you board the plane. To make your flight as enjoyable and relaxing as possible we have compiled a list of must have items that Ciao Bella Travel members always have in their carry on bag.

Item:	✓
A good book & magazines	
Ipod	
Lip balm*	
Face mist*	
Concealer	
Travel size deodorant*	
Eye drops	
Refresher wipes*	
Tissues	
Travel size toothbrush & toothpaste*	
Travel size mouthwash*	
Ciao Bella Travel Single Shots (to freshen up on the plane)*	
Zip lock clear plastic bag for liquids*	
Eye mask*	
Travel pillow*	
Sleep balm*	
Pashmina (works perfectly as a blanket, scarf & wrap)	
Healthy snacks such as nuts and cereal bars	
Water bottle (make sure this is empty when you board as it will breach the liquids restrictions, you can fill it onboard)	
Spare top (to arrive feeling and looking fresh)	
Spare underwear	
Spare socks	
Foldaway tote bag (to carry the extras you pick up enroute such as magazines & books)	

\*available at [www.ciaobellatravel.com.au](http://www.ciaobellatravel.com.au)

## Top Tip:



Refresh your ipod play list by downloading your seat mate's tunes. MiShare is a handy little gadget for sharing files and playlists between iPods. Available for US\$99.95 from [www.mishare.com](http://www.mishare.com). (Also doubles as an impressive conversation starter if you happen to be sitting next to George Clooney).

If you have a suggestion for this packing list we would love to hear from you at [info@ciaobellatravel.com.au](mailto:info@ciaobellatravel.com.au)

Bon voyage!  
The Ciao Bella Travel Team

Ciao Bella  
TRAVEL  
the destination for travel accessories